

*B2*  
typical chewing gum formulations comprising the steps of using a gum base to produce the chewing gum that does not include a filler and adding at least 3% by weight lecithin to the chewing gum.

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20. (Amended) The method of Claim 18 further comprising using a water soluble portion

*B3*  
wherein the lecithin is added to the water soluble portion.